



NEVADA LEGION NEWS

VOLUME 3, ISSUE 5

15 JANUARY 2020

SPECIAL POINTS OF INTEREST:

- * Women Vets Conference
- * LIT
- * ALA Academy
- * **SAL Valentine's request**
- *Million Veteran Program

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MAKING CONNECTIONS!! 2020 Free Women Veterans Conference

Make Connections to:
Health Care-Earned Benefits
Employment
Volunteer Opportunities
Self

Continental Breakfast and Working Lunch Provided
DAY CARE provided by Blue Star Mothers
but must email
hemmilab@veterans.nv.gov

Seating is Limited!
Pre-register: <http://bit.ly/2020WomenVetConference>

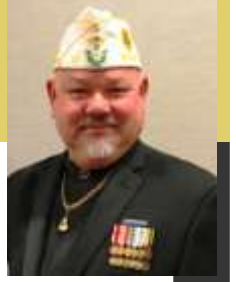
Saturday, February 29, 2020
9:00 AM - 5:00 PM
8:00 AM - Registration at Door

Texas Station
2101 Texas Star Lane
North Las Vegas, NV



Commander's Corner

Jim Stewart



I hope everyone had a great holiday season. With the new year upon us, it is time to get things started again. As a Department, we need to focus on our 2020 membership. We must make membership a priority with all of our Posts. Remember, membership is not just recruiting for new members, we must put even more effort into keeping our current members! We need to call on all of our current members and have them renew their 2020 memberships. Retention of our current members is the real key to meeting our membership goals. We cannot be successful if we cannot retain our current members. One way is to get the members involved in your Post activities. Another way is to make a phone call to your members and do a **Buddy Check**. Ask them how they are doing and see if there is anything we can do to assist them. If they see that we care, they may feel more inclined to renew their membership.

My travels since my trip to the District 2 meeting in December took me all over Northern Nevada. With the holiday season, I found myself at a lot of Post parties. The first one was with High Desert Post 56 at the Gold Dust West Casino in Carson City. The Post made the evening fun and festive. The funniest thing was the Post members' rendition of the 12 Days of Christmas!



(continued on pages 4 and 5)



1st Vice Commander Richard Eberly



As we begin this New Year let me take the time to thank each and every Legionnaire for all you do every day for the American Legion. You all are an essential part of our success that allows for us to obtain our Common goals.

Let's embrace 2020 with open arms and start it with a firm commitment and enthusiasm to continue to take on the next challenges that we may be facing.

As we go forward into 2020, please take this time to review your current programs, expand on some new programs, embrace your membership and continue to work on your various Post goals. Take some time to visit the National American Legion website and check out what is available to help you achieve those goals. Remember to continue to check on those members that you may have not seen in a while and to see if they need any assistance during the winter months.

As Posts are moving forward into this new year, you may want to check out the American Legion Baseball program or sponsor a Scouts program. Start planning now and check out what these two programs may do for the growth of your posts.

The American Legion's emphasis on service to God and country is the perfect complement to the Scout Oath, which begins, "On my honor I will do my best to do my duty to God and my country" At their first national convention in 1919, Legionnaires endorsed the Scouting movement. Nearly a century later, more than 2,000 American Legion posts nationwide continue to sponsor Scout units. For veterans and other adult volunteers, Scouting is a tangible way to be a positive influence on young people. Besides fun, friendship and adventure, the program offers opportunities to grow in character, leadership, citizenship and personal fitness. The American Legion has a resolution encouraging posts, districts and departments to cooperate with Boy Scouts of America (BSA) in providing a program for young people to develop skills and maintain strong values.

American Legion Baseball is a great summer tradition. American Legion Baseball offers opportunities for quality competition in a structured format and team travel to invitational, state, regional and national tournaments. The American Legion Baseball World Series games are live-streamed on ESPN3 with the championship and semi-final games televised live on ESPN. American Legion baseball is the nation's most competitive youth baseball program, which has taught teamwork, good sportsmanship and physical fitness to generations of young men, along with promoting citizenship in their communities.

Thank You

Richard Eberly

Chaplains Note

Dear Legionnaires,

It has been some time since my last letter due to things in my life. But, now that things are much better, hoping the New Year brings much happiness to all of you. Now that the old year is over and we are facing a new one lets us all look forward to helping other brothers and sisters in need. There is still much need in those that are with no housing and food. We as Legionnaires really have a responsibility to help our Vets. One way is to do a call on a brother or sister that we know and ask if they are a member of the American Legion. If not ask if there is anything that you can do to help them join and if they need transportation. That is just one way and I know you may have other ways of seeking out those that need help.

As for myself it was a lot of consoling with people in grief of a loss of a loved one. I have been at the Veteran's Cemetery 27 times in 2019, and already 6 times in January and it is only the 13th. As I did a service on Saturday I could not help but see the new graves put in from the week before. I counted 35 new graves going into the ground and 29 going into the columbarium. As I prayed tears ran down my face in wonder that we are losing so many of our Veterans from WWII, Korea, Vietnam and now the present wars over in Iraq.

On a happier note it was nice to see so many graves and columbarium draped with Christmas Rings in honor of those who served for our freedom. If you know of anyone in your Post that needs help, direct them to your Chaplain for guidance and prayer. If they are away on vacation, then sit with them and just listen, listening heals the soul of the one in grief or struggling with everything going on in their life at that moment.

Blessings to all of you and Hope you have a great and Happy New Year.

Department Chaplain

Dan DePozo

annedan1@cox.net

Drop me a note if you have any questions.

The next Christmas party was with Capital Post 4 who held their event at the Governor's Mansion in Carson City. What a fantastic venue for a party! What made the evening very special was having one of their Post members, Tony Argento, recite his award winning Cowboy poetry.



I had the chance to travel to Fernley to attend the District 4 meeting held at the Fernley Senior Center hosted by Gerald Daniel Post 37. I am pleased to see that District 4 is very active and glad to see that all of the Posts of District 4 were represented at the meeting.



My last holiday party was at Darrel Dunkle Post 1 in Reno. While I have attended this party for many years, this year was very special to attend as the Department Commander. The Post always puts on a wonderful event and everyone had a great time. As always, the Post, who sponsors Scouts BSA Troop 1, had the Scouts serve us our Famous Dave's turkey dinner. Great job Scouts! While I was at the event, I took the opportunity to present the 2019 Department Legionnaire of the Year award to Paul Serr. Congratulations Paul.



My next visitation was with Dat So La Lee Post 12 at the Reno Elks Lodge. While a meeting was not officially held, I took the time to talk and listen to the members in attendance.



My last trip was to attend the Post meeting of White Pine Post 3 in Ely. I arrived a little early for the meeting, ahead of the snow storm that hit the area, and had a chance to catch up on things with my friends, PDC Bob Terhune and Post Commander Ken Curto. I was very impressed on how the meeting was conducted and was pleased to see that the Post is very active within their community. It is vital to have an American Legion presence in this rural area of our Department and I feel that it is essential for the Post to know that they are important. They had a lot of questions for me and I hope I was able to answer their concerns.



Well, that's it for now and until next time, please remember:
"Our Legion Youth is Our Legion's Future!"

Always in Service,
Jim Stewart
Commander

2nd Vice Commander, Valerie Scheuering

VA Now Processing Blue Water Navy Veteran Claims

The American Legion

Jan 8, 2020

As of Jan 1, The Department of Veterans Affairs began processing Agent Orange disability claims for Blue Water Navy. The American Legion-Supported Blue Water Navy Vietnam Veterans Act of 2019, which was signed into law June 25, affects Blue Water Navy veterans who served within 12 nautical miles offshore of the Republic of Vietnam Jan 6, 1962 and May 7, 1975. As well as veterans who served in the Korean DMZ between Jan 1, 1967 and Aug 31, 1971. The 14 conditions and their definitions that are presumed to be related to exposure to herbicides can be found on Legion.org search VA Blue Water Navy.

Hope everyone had a great holiday and have started the new year with good health and happiness. Be safe.

For God and Country

District 3 Happenings:

December 14th: Post 7 had it's annual Christmas party at Jr's in Elko.

December 21st: Post 7 member/SAL Adjutant Joe Shine played Santa at AnyTime Fitness in Spring Creek. The Post sponsored two families through this business spending \$200.

December 26th- Ongoing: Post 5 researching and investigating possible locations for Post 5 and VFW Post 12116 use including: (1) office and meeting space owned by Humboldt County; (2) office, meeting and storage space owned by the Military Department of Nevada; and (3) office, meeting and storage space owned by the City of Winnemucca. Coordinating with the Nevada Department of Veterans Services (NDVS) regarding a possible grant to help pay for up to 60 new flags that may be needed to replace worn out ones used at the annual Memorial Day ceremony at the Winnemucca Cemetery, Pioneer Cemetery, and Veterans Park.

December 29th: Post 5 property inventory and inventory of approximately 70 U.S. Flags used in Memorial Day Ceremonies at three locations in Winnemucca.

January 7th: Post 5 relocated all American Legion Post 5 and VFW Post 12116 Property from Building 3280 at Bengochea Circle. Most property is temporarily in storage at a local facility.

January 8th: Post 5 in consultation with the City of Winnemucca's Mayor, City Manager, City Clerk, Assistant Director of Public Works and the Municipal Cemetery Superintendent, prepared a request to the City Council asking to amend the Cemetery Master Plan to allow for the construction of a Veterans Memorial in the Veterans Section of the Municipal Cemetery. Proposed to purchase the needed land for the Memorial site at a cost of \$250. City Staff recommended approval of the request. Appeared before the City Council on January 7, 2020 regarding the proposal. The amendment and transfer of the land to the ownership of Post 5 was approved. Transfer documents were prepared and obtained from the City Clerk on January 8, 2020,

January 9th: Post 5 speaking at the monthly meeting of Winnemucca Nonprofit Organizations about the American Legion at Sid's Restaurant at 8 am.

January 11th: Post 7 Legion Riders meeting to discuss the 2nd Annual Poker Run in May. Post EC meeting afterwards to talk about the Sees Candy fundraiser for February.

January 19th: District 3 EC teleconference to have a first reading of the new Constitution and Bylaws.

January 20th: Post 7 having new member initiation during the meeting and presenting National Commander's Pin to Gary Mann.

February: Post 5 and Post 7 preparing for the Four Chaplains Ceremony.





HEALTHY LIVING AT HOME



From Your American Legion Department

LIVE HAPPY. LIVE HEALTHY.

Home products that make your life easier and more comfortable

Look for us on thelit.com to get your special member pricing on healthy at home products.



Topricin Pain Relief Cream
A natural pain relief product that has brought millions unprecedented, safe, relief.



Contour Cool Air Pillow
Provides constant air circulation, leaving users cool and dry all night long.



Signature Life Assurance Car Handle
Easily stand from your car without falling.



EZ Reacher Deluxe
Strong sensitive fingers for extra wide grasp. Lift objects up to 5 lbs and up to 4.5' wide, yet as small as a dime.



Signature Life Sure Stand Pole
Provides the support you need to stand safely without changing the look and feel of your home.



Handi Products People Tread for Tile
Slip solution for slippery tile. These traction enhancing strips work well with bare feet, socks, slippers, shoes and paws.



Contour Freedom Back
This full-length back support features 10 zones for proper alignment & superior comfort in any chair or car seat.



Contour CPAPMax Pillow
Improves comfort throughout the night while sleeping with a CPAP Mask.

LIVE HAPPY. LIVE HEALTHY.

OPTIMIZE YOUR LIFE TODAY!

855-609-1550 | www.LIT.HLatHome.com

HISTORIAN'S PAGE

Fred Doten, Historian



A HAT'S NOT JUST A HAT!!

Did you know that the first hat worn by Legionnaires back in 1919 was the Army's OD (Olive Drab) overseas cap? This was the hat for all members irrespective of their branch of service. Needless to say, the minds of those in leadership positions across the nation had different ideas. As there were no formal doctrine expressed in writing, Departments within a matter of months were moving forward developing hats that expressed their thoughts for building esprit de corps within their Departments. Florida had an orange hat; Colorado had a green hat; and Connecticut had a blue hat with a buff colored top (which they still wear today).



Also, within months there were individuals expressing, via the American Legion Weekly (the predecessor of the Legion Magazine), that a standard uniform needed to be developed. The debate on uniforms and hats was on-going during 1921 and was finally resolved in 1922. It should be noted that the first blue hat was advertised during the spring of 1921 by a company in Philadelphia. On their own, they advertised it as "The Post Cap" and sold it for \$1.50. At the 4th National Convention a resolution was approved for past officers to wear ¼ inch colored rosettes in recognition of their past service to the Legion. The colors designated for the rosettes are what ultimately became the colors of today's Legion hats at Post, Department and National.



It should be noted that Emblem Sales was selling the OD hats; however, the Departments across the nation were contracting with local uniform and hat manufacturers and buying what they wanted. This in time led to all hats being purchased at Emblem Sales. Copyright laws played into this centralized purchasing outcome.

During the period from 1934 to 1955 there were 11 cap resolutions approved by the NEC. In 1964 at the National Convention the 11 resolutions were consolidated into one resolution. Today this resolution stands except for one change to correct the piping on the County cap.

During the 1965 convention, Resolution 46 was approved which outlined the protocol for wearing Legion hats. Both of these resolutions are available through the National Library; however, those that want a PDF copy can contact me as I have them on my computer.



Hospital Help Plan Overview

No matter what insurance you have, your share of a hospital bill can quickly add up to hundreds - or even thousands - of dollars.

Your American Legion Department Endorsed Hospital HELP Plan insurance pays cash benefits that will DOUBLE the longer your covered hospital stay.

The Hospital HELP plan starts accruing cash benefits on the first day of your covered hospital stay. That means:

- You can set up protection to give yourself (and your family) an extra stream of cash benefits...
- One that isn't tied to your medical insurance...
- Paying regardless of any other health plan...

Putting money back in your wallet if you were sick or hurt and ended up in the hospital.

That means **\$50.00 a day** paid from the first day you enter the hospital. Another \$50.00 on day two. Another \$50.00 on day three. \$50.00 each and every day for 14 full days.

Your cash benefits jump up to \$100.00 a day on day 15.

And they stay at that double-benefit \$100.00 level ... paying you \$100.00 day after day of your hospital stay... all the way through day 30.

It pays FOUR TIMES as much **\$200.00 a day**... starting on day 31. And those benefits do not go down. You stay at \$200.00 a day. Every single day of your hospital stay. All the way until day 365 if needed.

But what if you run into something really serious? Like cancer? Or a heart attack? Or a stay in the Intensive Care Unit? Medical bills can quickly escalate in those situations. Hospital HELP does, too.

Your cash benefit DOUBLES for each day you are hospitalized due to cancer or are confined in the cardiac care or intensive care unit. That means **\$100.00 a day** from day one. \$200.00 a day starting on day 15. \$400.00 a day from day 31.

These benefit payments are sent directly to you (unless you tell us otherwise).

Spend the money however you want. There will be no questions asked.

But maybe you're wondering what happens if you get your care in a VA hospital. Hospital HELP stands strong for VA care, too. You get **\$50.00 a day for days 1-14 and \$100 a day for days 15-30.** Even if your VA care costs you nothing at all.

NOTE: THIS IS NOT A MAJOR MEDICAL HEALTH INSURANCE POLICY. YOU SHOULD BE COVERED UNDER A MAJOR MEDICAL POLICY BEFORE PURCHASING SUPPLEMENTAL INSURANCE SUCH AS THIS OFFER.

Securian Life Insurance Company, the provider of this coverage, is not connected with or endorsed by any government agency, including the U.S. Military or Veteran's Administration (CMS).

American Legion Riders



*Greetings Comrades,
Happy New Year to you all.*

The ROMP is back on. 2020's ALR Western Region R.O.M.P. (Riding On Military Pride) will be held June 4th – 7th. The hosting Post for this year's event is Post 99 in Seaside, OR. Seaside hosted the 2016 ROMP and it was awesome. I expect this year to be another great time. The host hotels have been selected, and discount rates are available. Go to "seasidepost99.org" for more details.

The dates are set for this year's American Legion Legacy Run, August 23rd – 27th. Details for the ride will be posted soon at legion.org/riders.

Thank you to Post 40 ALR's Director, Deb Guerin, for inviting me to attend their monthly planning activity. One of their topics for discussion was fundraising. It brings me to a question for YOU... what are you doing to raise funds? What works at your Post? Help me out here, send me an email and share your fundraising ideas.

If you have an activity you'd like to share, please let us know.

Ride Safe,

Trevor McCall

ALR Program Liaison, Department of Nevada

(402) 740-2794



National Executive Committeeman Ron Michalski



First of all, I hope everyone had a Very Happy New Year and I wish everyone a Very Happy, Healthy and Blessed New Year!

The Department DEC is coming up fast and that is February 8, 2020 along with the Department Oratorical on the same date. If making your hotel reservations and that is at the Fiesta of Henderson, make sure you mention that you are part of the American Legion Group. Phone number is 702-558-7000. Rates are set for the 7th and 8th but if you need different dates, please let me know and I can arrange that for you.

Appointments for Committees, Councils and Call- Ins.

I am often asked how does this happen. Well, it all starts at the Department convention with nominations from the Districts on who should serve on what committees etc.

After reviewed by the Commander, Adjutant and the NEC it is then sublimated to the Executive committee for approval. So that is how it happens for the Departments committees.

On the National side we are assigned certain committees and councils.

The following are ones that we as of this year have assigned to the Department of Nevada:

Americanism Council—1, Convention Commission—1, Constitution & By-Laws—1, National Convention Resolutions Assignment Committee—1, Marketing Commission Advisory Board—1, Media & Communications Council—1, National Security Council—4, Health Administration Committee—1, Committee on Children & Youth—1, Veterans Benefit Committee—1, National Security Commission—1 and Employment & Veterans Preference Committee--1. Along with this, the NEC gets appointed to a Liaison position hopefully of his/her choice. These positons have term limits and get filled after the National convention during the fall conference. They get filled by nominations from the districts, and choice of the Department commander and Adjutant along with the NEC. The NEC has the final word on appointments per the National By-Laws. The way the call ins work is that the NEC will get a letter from National, of how many and what Committees /Councils are being called in. In the past the call in sheet was about 3 pages and now it is only one short page. So you can see we do not get many call INS as we only average around 3-4 if that, as sometimes the NEC's call in gets charged to the departments. Normally the NEC's call in does not get charged.

So that is that in a nutshell and if anyone has any questions please feel free to contact me.

Remember if you are interested and can afford time away, let your district commander know so that information can get passed on.

Ron Michalski
Department NEC



[www.facebook.com/
TALDONV](http://www.facebook.com/TALDONV)



Membership By Brenda Horton, Department Membership Chairman

Happy New Year! I trust all of you are rested and ready to hit the membership trail. Our next target date is January 15th with a goal of 80%.

Kudos to those Districts/Posts that have achieved 80% and beyond!!!

- District 3 is leading the way with 91.13%.**
- District 4 is close on their heels with 89.14%.**
- District 2 is right behind them with 80.03%.**

There are 779 members in Post 100. Continue to recruit these members.

On January 17 the Department Membership team will have a teleconference to discuss creative ways to recruit during the winter months and ways to retain Post members. Be ready with your ideas. I will include these ideas in my Membership Report at the DEC in February. All of your ideas are welcome!

On December 7th, I attended the District 1 meeting in Sparks. Those Posts are very active in their communities! Districts/Posts if you would like me to attend your meetings, please feel free to call me at 720-394-5969 or email me at BAnnHorton3@aol.com.

Please look in the National Membership Awards Points Guidebook for 2020 and see if your Post qualifies for any awards or ribbons. If you do, please fill out the form and send to Lionel at Department and he will forward it to National. If you do not have this manual, please contact your District Adjutant.

**Always serving,
Brenda Horton
Department Membership Chair
BAnnHorton3@aol.com
720-394-5969**

"Battle Born, Battle Tested, Battle for Membership"





Legion Birthday ham event set for March 14

Event name: The American Legion's 101st Birthday Celebration

Event start date/Time: 2020-03-14 17:00:00

Event end date/Time: 2020-03-14 23:00:00

Event city: Indianapolis

Club/Organization Sponsor: The American Legion ARC

Call sign: K9TAL

URL/Email: legion.org/hamradio; k9tal@legion.org

Event state: IN

Event ZIP: 46204

Event country: USA

Frequency 1: 7.225 MHz

Frequency 2: 14.275 MHz

Frequency 3: *CrossRds* EchoLink Conference

Frequency 4: IRLP Reflector 9735

Stations contacted may request Certificate & QSL

QSL name: The American Legion Amateur Radio Club

QSL address: 700 N. Pennsylvania St.

QSL city: Indianapolis

QSL state: IN

QSL ZIP: 46204

QSL country: USA

Public contact name: Josh Marshall

Public contact call sign: KD9DHX

Public contact phone: (317) 630-1304

Public contact email: jmarshall@legion.org



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**MILLION
VETERAN
PROGRAM**

What is the Million Veteran Program?



With more than 775,000 Veteran partners as of August 2019, the Million Veteran Program is the world's largest genomic database linked to a health care system.

The goal of the Million Veteran Program (MVP) is to learn more about how genes affect health, in order to improve health for Veterans, and ultimately, everyone. MVP uses genetic, military exposure, lifestyle, and health information from MVP Veteran partners to better understand the role of genes and health. With more than 775,000 partners as of August 2019, MVP is the largest database of its kind in the world—an integrated health and genomic database tied to a health care system. It is also the world's largest genomic cohort of Veterans with the largest representation of minorities in the U.S.

MVP research is already leading to new ways of preventing and treating illnesses in Veterans and others. Questions that may be answered from MVP findings include “Why does a treatment work well for some people but not for others?”; “Why are some people at greater risk for developing certain diseases?”; and “How can we prevent certain illnesses in the first place?”

Why is it important to study genes?

Genes carry instructions for building and maintaining our bodies. They determine the color of our eyes and hair, our height, and other personal features. Small differences in our genes may also explain why some people get diseases and others do not. In addition, genes interact with our lifestyle factors and environment to influence our risk for common illnesses, such as heart disease, diabetes, and cancer. Genes may also affect how people respond to certain medications and treatments. Having a better understanding of how genes work may help to prevent and improve treatment of disease.

How does this research help Veterans?

Veterans—and in fact everyone—stand to benefit greatly as MVP researchers learn more about the effects of genes on health. Screening, diagnosis, and treatment for some illnesses—such as some forms of cancer—have already been improved through knowledge about the effects of certain genes. MVP is helping lead to new knowledge about which genes put people at risk for certain diseases, and which ones affect how people respond to treatment. This knowledge may eventually lead to better treatments and preventive measures for many common diseases. Projects using MVP data are also looking at illnesses especially common among combat Veterans, such as PTSD and TBI.

DISCOVERY * INNOVATION * ADVANCEMENT



What has MVP accomplished so far?

Projects using MVP data are already underway in VA, on topics ranging from mental health to heart disease. The program has developed an impressive informatics infrastructure to ensure secure, efficient access to data for authorized researchers. MVP leaders are working with the Department of Defense, the National Institutes of Health, and the Department of Energy to further expand the program and optimize its impact.

Joining MVP

What does joining MVP involve?

MVP has partnered with Veterans who volunteer to share their health information, as well as genetic material. Veterans are able to join MVP in-person at participating MVP locations across the country or online at mvp.va.gov.

Joining MVP involves:

- Filling out surveys through the mail or online about health and lifestyle.
- Providing a blood sample for genetic analysis at participating MVP locations.
- Permitting MVP access to information from health records on an ongoing basis.
- Agreeing to future contact by MVP for additional research opportunities.

Why is it important that so many Veterans join MVP?

In order to best learn about the role of genes, health researchers compare genetic and health information from hundreds of thousands of people. The more Veteran partners MVP has, the better researchers can understand the wide, diverse spectrum of human demographic and health traits and gain valuable knowledge to improve health care.

MVP research will help answer questions such as:

Why does a treatment work well for some people but not others?

Why are some people at greater risk for certain diseases?

Confidentiality and Data Security

What happens to the health information and blood samples that are collected?

Samples and health information collected as part of MVP are available to approved researchers for projects approved by appropriate VA oversight committees. Researchers who are approved access to analyze MVP samples and data do not receive names, addresses, dates of birth, or social security numbers of Veteran partners. Also, researchers can access MVP data only through a secure portal in a VA-approved environment.


How are health records accessed?

If consent is given to join, MVP accesses health information from health records as needed and adds that information to the VA Central Research Database so that partners' health status and health care can be followed over time. All information is labeled with a code that does not identify MVP partners directly.

How are confidentiality and privacy protected?

The security and confidentiality of data are MVP's top priorities. Confidentiality is protected through a variety of methods. DNA samples and health information are stored without name, address, date of birth, or social security number. Rather, samples and data are labeled with a code. Only limited MVP staff have access to the key for the code. It is necessary to keep the key for the code to connect partners with their information and samples in order to track medical records, contact partners again, or destroy the samples if a partner withdraws.

For more information or to join online, please go to mvp.va.gov. Call the MVP Info Center toll-free at 866-441-6075 with any questions or to schedule an MVP visit.



The mission of Nevada's Legionnaires is to provide services to fellow veterans, their families and their communities.

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4th District Leon Werner	(775)-722-6319	xnavy61@gmail.com



American Legion Auxiliary President Courtenay Burns



LEARN MORE ABOUT THE AMERICAN LEGION AUXILIARY WITH ALA ACADEMY

Want to learn more about the American Legion Auxiliary? ALA members have access to FREE online training with ALA Academy! The American Legion Auxiliary is providing all members with the tools they need to help grow the organization as a team. The ALA Academy is designed to help members learn as part of a process that includes learning the information, sharing it with others, practicing their new skills, and, eventually, making those new skills a habit. Classes now available: ALA 101, an introductory course to the ALA; ALA Communications 201, an introduction to how the ALA uses E-Communication; and ALA Leadership 201 which discusses how to be an effective leader. Get started [here](https://www.alaforveterans.org/ala-academy/). (log in required).

Best,

Courtenay

Courtenay Burns, Ph.D.

President

ALA Department of Nevada

Developing ALA Leaders
at All Levels

Under a new academy training program, the American Legion Auxiliary is providing all members with the tools they need to help grow the organization as a team.

ALA Academy

Under a new academy training program, the American Legion Auxiliary is providing all members with the tools they need to help grow the organization as a team. The training is designed to help members learn as part of a process that includes learning the information, sharing it with others, practicing their new skills, and, eventually, making those new skills a habit.



LEGIONNAIRE INSURANCE TRUST

(WWW.THELIT.COM/EMERGENCY-ASSISTANCE-PLUS)



Emergency Assistance Plus (EA+)

Get the 24-hour emergency protection you and your loved ones deserve.

If you fall ill or become injured while traveling on the road or abroad, we understand that you'll want help right away. *Emergency Assistance Plus* gives you and your family the medical and emergency assistance you need when a crisis strikes. Here are some of the important services and features this protection has to offer Legionnaires:

Medical Evacuation

Emergency Medical Monitoring by an *EA+* medical expert to make sure you get the best care in a medical emergency.

Air Ambulance or Emergency Medical Evacuation if deemed medically necessary to get you to a more appropriate medical facility quickly if your current facility can't properly treat your medical condition.

Medical Specialist sent to you if your condition can't be evaluated by phone and you cannot be moved and local treatment is unavailable.

Continuous Updates to a designated family member and/or a physician to keep them informed during your medical emergency.

Medical Assistance

Transfer of Insurance Information to Medical Providers to assist with admission and to ensure your medical care is not delayed or denied.

Cash Advance for Medical Payments paid directly to the hospital or physician against your valid credit card to keep your medical care going.

Prescription Replacement Assistance if your medications are lost or stolen.

24-Hour Doctor/ER/Dentist/Attorney Locator Assistance to help you quickly find a professional no matter where you are in the world.

Assistance For Companions

One Round-Trip Economy-Class Airline Ticket to bring a loved one to your bedside if you're traveling alone and become hospitalized.

Airfare Home for Dependent Children or Grandchildren who are left unattended if you're unable to care for them due to your hospitalization.

Emergency Message Forwarding Assistance if you are unable to reach a family member or traveling companion during an emergency.

Pet Care and Return Home Assistance if you're traveling with a pet and cannot care for them due to an accident or illness.

Ticket Home for a Traveling Companion if you are evacuated, transported home or pass away while away from home. country and require translation assistance for medical emergencies.

Assistance Making Flight Arrangements, securing visas, and with other logistics if you decide to leave a threatening situation.

Transportation Home

Transportation Home after hospitalization via a one-way airline ticket, coordinated and provided by *EA+*.

Nurse Escort provided if deemed medically necessary to help ensure you get proper medical care during your trip home.

Return of Deceased Remains service to bring your body home if you pass away while traveling.

Vehicle Return if you can't drive your vehicle back home because your medical condition prohibits it AND your companion can't drive it either.

Other Vital Travel Assistance Available to EA+ Members Includes:

Destination Intelligence regarding weather, travel, health, inoculations, travel restrictions, and special events.

Real-time Security Intelligence in the event you feel threatened by political unrest, social instability, weather conditions, or health hazards.

No-Limit Emergency Cash Transfer Assistance (against your valid credit card) if cash, credit cards, or traveler's checks are lost or stolen.

Lost Luggage Assistance helps you track down any lost luggage, personal items or documents.

Document Replacement Assistance if important documents like your passport, driver's license, or birth certificate are lost or stolen during your trip.

Language Interpretation Assistance to connect you with an interpreter over the phone if you're traveling in a foreign

**This is only an outline of the plan's features. Please read your [EA+ Member Guide](#) carefully to understand all the services available to you, as well as any rules and regulations. Washington state residents must be traveling more than 100 miles away from home to be eligible for *EA+* services.



Legionnaire Benefits

As a Member of the Legion Family, You Know How Important It Is to Help Protect Those in Need ...

Now We Can Help

The LIT Plans can help with

- **Hospital HELP Plan**
- **Cancer Care**
- **Accidental Death Protection**
- **On-The-Move Travel Accident**
- **Emergency Assistance Plus**
- **Medicare Supplement Insurance**
- **Health Insurance**
- **Dental Insurance**
- **Long-Term Care**
- **Lifeline Medical Alert Service**



ENDORSED BY YOUR
AMERICAN LEGION
DEPARTMENT



- **Hospital HELP Plan** — Provides benefits for hospital stays including intensive care, cardiac care, care for cancer, rehabilitative facilities, and V.A. hospitals.*
- **Cancer Care** — Provides important protection and a daily benefit if you are hospitalized due to cancer.*
- **Accidental Death** — Helps provide financial protection for you and your family. Up to \$5,000.00 LegionCare AD coverage at no cost to Legionnaires is available. (activation required).* You can also purchase additional Accident coverage up to \$100,000.00.
- **On-The-Move Travel Accident** — Provides up to \$200,000.00 coverage when fatally injured in a covered accident while traveling, plus \$500.00 per day if a covered accident lands you in the hospital.*
- **Emergency Assistance Plus** — Provides you with 24/7 emergency medical and travel assistance services should something happen to you or your family while traveling away from home.
- **Medicare Supplement Insurance** — Supplements your Medicare Coverage at group rates.
- **Health & Dental Insurance** — Request a quote on various Health & Dental Insurance Plans designed with you in mind.
- **Long-Term Care** — Can help provide home health care, supervised adult care, and more.
- **Lifeline Medical Alert Service** — Provides fast access to help in the event of a fall or medical emergency so you can live confidently and independently.

To Learn More and Enroll, Visit

www.TheLIT.com

For Questions Call 1-800-235-6943

*The Accidental Death, Cancer Care, Hospital Help Plan, and On-The-Move Accident Insurance Plans are underwritten by Securian Life Insurance Company, St. Paul, MN. Plans may not be available in all states. These policies contain limitations and exclusions. Please visit www.TheLIT.com to review plan details.



**Sons of the American Legion
Detachment Commander David Sousa**



Valentine's Day

SPECIAL REQUEST MESSAGE FROM SAL NATIONAL VICE COMMANDER WESTERN REGION

I'm reaching out across the Country for the widest distribution we can get. Yesterday our Good Day Sacramento interviewed a WW II Veteran who is 104 years young. Major Bill White, USMC was in the battle of Iwo Jima and wounded where later he received the Purple Heart. This great veteran served 30 years proudly as a Marine, retiring in 1954. He has requested that he would like to receive Valentine's Day cards this year. My goal is for the Legion Family to send me cards addressed to Maj. BILL WHITE at my home where on Valentine's Day our members in the Area of Northern California and beyond will deliver cards from across America. Our Department Adjutant is going to research and if Maj. Bill White is not a Legion member he will be presented a 2020 American Legion Membership card. He lives in a rest home in Stockton and is sharper than a lot of younger folks. This outstanding Veteran can still wear his uniform today. Let's show Maj. Bill White that the American Legion family cares. Please pass the word and get those Valentine's Day Cards heading my way. They will be presented to Maj. BILL WHITE USMC (RET) on Valentine's Day.

Mail cards to:
Maj. Bill White, USMC (RET)
c/o 5634 Liggett Way
Carmichael, California 95608

Any questions please give me a call.
Ned Fox NVCW (916)-531-1652
SERVING THOSE WHO SERVED
FULL STEAM AHEAD





The American Legion
Department of Nevada

737 Veteran's Memorial Drive

Las Vegas, NV 89103

702-382-2353

TALDON737@AOL.COM

The mission of Nevada's Legionnaires is

to provide services to fellow Veterans,
their Families and their communities.

Since our charter, our American Legion Department of Nevada has been welcoming VETERANS from all branches of our Armed Forces. Today, we continue to welcome all military personnel serving our country. Joining a Post in our State enables you to continue serving your God, Country and Community. Our mission is to implement the goals, aspirations, dreams, peace and blessings for our country, friends and families embodied in our preamble.



RED Friday Started in 2005. Beginning in 2005, military supporters across America started wearing red on Fridays to show support for the service members who protect our freedoms and way of life around the world. More specifically, it is for service members deployed as RED stands for "Remember Everyone Deployed".

